



PERU-NAZCA, COMMUNITY, TITICACA, HUARACONDO TREK & MACHU PICCHU (20 NIGHTS)













We believe in the power of extraordinary experiences. They allow us to see ourselves, others and the world differently, and develop our confidence, independence and resilience.

20 NIGHT EXPEDITION & PERU

Contribute to a community-led initiative, discover Lake Titicaca, explore Machu Picchu and trek in the peaks above Huaracondo. With you and your team tackling fresh challenges each day, this once-in-a-lifetime experience proves just how much you're capable of. It could change the way you see yourself and the world, forever.

PERU 20 NIGHT ITINERARY weareworldchallenge.com



DAY 1

** ARRIVE IN LIMA

Sleep: Hostel



Touch down in the ancient city of Lima. You've made it to Peru – home of the Andes, the Amazon and the Inca empire.

Make sure you get some rest after your flight. You're about to take the road less travelled and experience the places you've been dreaming about.

Wild mountains, fascinating cities and sacred ruins - they're all here, waiting to be explored.



TRAVELLING RESPONSIBLY

REMEMBER, YOU'RE MORE THAN A TOURIST IN THIS PLACE. YOU'RE PART OF A TEAM OF GLOBAL CITIZENS, EMBRACING DIVERSITY AND COMMITTED TO LIFELONG LEARNING.

STAY OPEN TO OPPORTUNITIES, CONTRIBUTE WHERE YOU CAN, AND CONNECT WITH THE MANY PEOPLE YOU MEET ALONG THE ROAD.

DAY 2



Sleep: Hostel

Wake up and dive into expedition life. Meet the ground team, get to grips with the local currency (Peruvian sol) and buy a SIM card for the group phone.

Lima is bursting with energy and loaded with history. Hit the ground running on a guided tour with a local expert. Explore the Pucllana pyramid – built in the 4th century AD, this ceremonial centre was considered a 'sacred village' by the Incas.

Take in the city's main square (Plaza Mayor), City Hall and the San Francisco monastery with its spooky catacombs beneath the church.

Discover more in the modern district of Miraflores and take in ocean views at Parque del Amor (Love Park).



PLAN AHEAD

REMEMBER TO BOOK ANY OPTIONAL ACTIVITIES AT THE START OF THE TRIP - CHAT WITH THE GROUND TEAM AND GET PLANNING!



DAYS 3-6

PARACAS, NAZCA & AREQUIPA

Sleep: Hostels

Travel: Transfer 4hrs to Paracas, transfer 4.5hrs to Nazca, overnight bus 11hrs to Arequipa Pack your bags for a road trip to Arequipa. There's loads to see, so you'll break the journey into three legs.

Travel down the coast to Paracas and discover the Ballestas Islands by boat. You'll be cruising through one of the world's top marine reserves, with pelicans, penguins and Peruvian boobies.

Continue south to Nazca, home to the Nazca Lines. These enormous designs – representing everything from hummingbirds to humans – were etched into the desert floor around 2,000 years ago. But exactly who drew them, and why, remains a mystery.



For the final leg of your road trip, join locals on the overnight bus to Arequipa. You've got a full day to explore the 'White City' (Arequipa is famous for its white stone) or go white water rafting on the River Chili.

DESERT DRAWINGS

THE NAZCA LINES ARE THE WORLD'S BIGGEST COLLECTION OF GEOGLYPHS (DRAWINGS IN THE GROUND). THE COMBINED LENGTH OF THE LINES IS OVER 800 MILES!

DAYS 7-10

O COMMUNITY-LED INITIATIVE

Sleep: Homestay, hostel

Now's your chance to learn new skills and contribute to a community-led initiative.

You'll spend the next four days living alongside a community near Arequipa and contributing to an initiative that aims to improve local lives through education.

Your tasks will depend on what's needed most during your stay. You could be helping out with creative workshops or supporting academic sessions.

Dive deeper into local life by learning how to cook local food on the wood fire. To get more from this experience, take the lead from your hosts, keep an open mind and share your own culture through photos and games.

Wave goodbye to the community and return to Arequipa.



RESPONSIBLE PROPUETION & CONSUMPTION

CONTRIBUTE TO AN INITIATIVE THAT SUPPORTS THE SUSTAINABLE USE AND MANAGEMENT OF NATURAL RESOURCES.



DAYS 11-12

LAKE TITICACA

Sleep: Hostels

Travel: Transfer 6.5hrs

to Puno

It's a breathtaking journey to Puno and Titicaca – the world's highest navigable lake.

The ancient city of Puno is a melting pot of cultures, with its grand Spanish cathedral and the Mirador del Condor lookout where you can see a 150-year-old British steamship on the shore of Titicaca.

It's also home to Titicaca and its floating islands. The Uros Indians built these reedy rafts when they retreated



from the Incas. Take a boat to Uros and Taquile, meet the islanders and learn about their ancestral skills in weaving.

A TALE OF TITICACA

ACCORDING TO INCA LEGEND, LAKE TITICACA IS THE BIRTHPLACE OF THE SUN.

DAYS 13-14



Sleep: Hostels

Travel: Transfer 6.5hrs

to Cusco

Trek: 1 day

Grab a window seat for the journey to Cusco – you'll be gazing out at rolling plains dotted with alpacas, deep valleys and towering Andean mountains.

Cusco is the historic heartland and capital of the Inca empire. Visit Plaza de Armas square and stand in awe at the ancient cathedral. Visit the Casa Concha museum, which has the world's largest collection of Machu Picchu artefacts.

You could also discover the Inca temple of Qoricancha, or explore the Chinchero ruins, where the Incas believed the rainbow was born.

Acclimatize to the city's 3,450-metre high altitude by trekking from Cusco's main square to the Inca ruins at Sacsayhuaman – with epic views of the city below. Another option is to trek from Písac to the ancient ruins and colourful local market.



INCA GOLD

QORICANCHA WAS ONE OF THE INCA'S RICHEST TEMPLES - IT WAS ONCE COVERED IN GOLD.

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DAYS 15-18

HUARACONDO TREK

Sleep: Camp, hostel

Travel: Transfer 1hr to

start point

Trek: 4 days



Summon all your energy for a four-day trek in the peaks above Huaracondo.

Load up your daypacks and set off with your guides. The rest of your gear will be transported between camping spots - this trek is too tough for full packs!

Start with a steady climb to the Inca archaeological site of Wata (3,815m). Follow trickling steams to thatched villages, push on along mountain



ridges, and tackle zigzag paths to almost 4,000 metres.

At night, you'll pitch your tents and help with the evening meals. Before you doze off, look up at the night sky you've never seen stars like it.

On your final day, you'll descend to the ancient Incan town of Ollantaytambo with its cobbled streets and old stone buildings.

DAYS 19-20

MACHU PICCHU & THE SACRED VALLEY

Sleep: Hostels

Travel: Train 1hr45mins + shuttle 30mins to Machu Picchu, shuttle 30mins + train 1hr45mins to Ollantaytambo, transfer 2hrs to Cusco, fly 1.5hrs to Lima It's Machu Picchu time! This jawdropping Inca city was built without using any mortar or wheels. Just how they transported those 50-tonne rocks up the mountain is mind-boggling.

Take the early morning shuttle to the gates of 'the lost city' and listen as your guide uncovers its secrets. Wander around the ruins and let it all sink in - you're actually standing in Machu Picchu!

Return to Cusco and fly back to Lima for your final fill of Peruvian culture. Before your trip wraps up, head to the markets to buy Peruvian chocolate and alpaca ponchos. Celebrate everything you've achieved with a team meal.



THE LOST CITY

MACHU PICCHU WAS BUILT IN THE 15TH
CENTURY BUT WAS 'LOST' UNTIL 1911 WHEN
AMERICAN ARCHAEOLOGIST HIRAM BINGHAM
REDISCOVERED THE ANCIENT INCA SITE.

DAY 21



After the best three weeks of your life, it's time to travel home. Cram everything into your backpack and head to the airport.

Check in, sit back and let it all sink in. You've just experienced something incredible. Peru has opened your eyes and challenged you more than you

ever imagined. You've fast-tracked your life skills and connected with locals; you've led your team and made new friends for life.

These experiences will shape who you are and put you on the path to becoming a true global citizen. Prepare to return home forever changed.

WE CARE ABOUT EDUCATIONAL OUTCOMES.

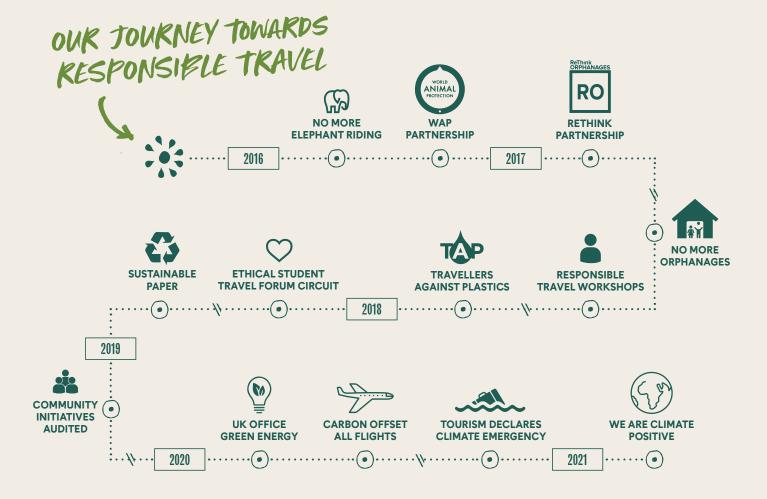
- Students will gain a greater understanding of how to act for a more sustainable future, at both local and global levels.
- Students will be immersed in different cultures and experiences, growing to understand their role within our global community.
- Students will be challenged to think critically about topical issues that affect our past, present and future around the world.

- Students will be **empowered to build on their self-care strategies,** enhancing their
 physical and mental wellbeing.
- Students will experience and reflect on the power of being pushed outside of their comfort zone, allowing the development of initiative, confidence, and resilience.
- Students will **build a deeper connection to their own identity & personal values**,
 developing their independence and sense
 of self.



EXPERIENTIAL LEARNING

SUSTAINABLE DEVELOPMENT GEALS



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SPARKING GREATER POSSIBILITY

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